Women's 5k

Last Name	First Name	Gender	DIVISION	Time	Medal
Engebretsun	Erika	Female	50-54	27:40	GOLD
Wall	Patricia	Female	55-59	25:43	GOLD
Holland	Michelle	Female	60-64	27:03	GOLD
	Claudia	Female	60-64	33:36	SILVER
Anzures					
Henson	Margaret	Female	65-69	26:28	GOLD
Hexum	Debra	Female	65-69	32:58	SILVER
Kirch	Susan	Female	65-69	33:37	BRONZE
Barnes	PJ	Female	65-69	52:21	001.0
Tolan	Vicki	Female	70-74	39:31	GOLD
Williams	Jane	Female	75-79	34:42	GOLD
Schaeffer	Mara	Female	75-79	44:01	SILVER
Skiles	Treasa	Female	75-79	48:57	BRONZE
Gonzales	Juanita	Female	80-84	34:47	GOLD
Linck	Nancy	Female	80-84	37:52	SILVER
Demsky	Ellen	Female	80-84	47:17	BRONZE
Men's 5k					
Last Name	First Name	Gender	DIVISION	Time	Medal
Mullins	Joseph	Male	50-54	23:34	GOLD
Schneiders	Peter	Male	60-64	21:31	GOLD
Tilley	Michael	Male	60-64	23:26	SILVER
Tilley	Jim	Male	60-64	25:08	BRONZE
Wong	Theodore	Male	60-64	25:15	
Tom	Edmund	Male	60-64	32:22	
LeBold	Michael	Male	65-69	21:16	GOLD
David	Tony	Male	65-69	28:11	SILVER
Schrell	Steven	Male	65-69	28:23	BRONZE
Grande	Lou	Male	65-69	28:29	
Wiley	Lon	Male	70-74	23:30	GOLD
Doyle	Steven	Male	70-74	24:27	SILVER
Stowell	Dennis	Male	70-74	36:26	BRONZE
Pfeiffer	Wayne	Male	75-79	28:45	GOLD
Calloway	James	Male	80-84	26:30	GOLD
Melendy	Byron	Male	80-84	33:49	SILVER
	Richard	Male	85-89	36:08	GOLD
Women's 10k					
Last Name	First Name	Gender	DIVISION	Time	Medal
Serrano	Edith	Female	50-54	51:19	GOLD
Fisher	Jean	Female	55-59	1:23:01	GOLD
Holland	Michelle	Female	60-64	51:51	GOLD
Vasquez	Concepcion	Female	60-64	1:00:25	SILVER
Simpson	Tani	Female	65-69	1:25:46	GOLD
Fajen	Rosemary	Female	70-74	1:07:53	GOLD
Winiecki	Patricia	Female	70-74	1:08:20	SILVER
March	Karen	Female	70-74	1:17:14	BRONZE
Deminsky	Ellen	Female	80-84	1:42:46	GOLD

Men's 10k					
Last Name	First Name	Gender	DIVISION	Time	Medal
Thompsom	Ferris	Male	60-64	44:50	GOLD
Fisher	Mark	Male	60-64	55:25	SILVER
Tom	Edmund	Male	60-64	1:03:21	BRONZE
LeBold	Michael	Male	65-69	41:30	GOLD
Wiley	Lon	Male	70-74	45:42	GOLD
Winiecki	Kenneth	Male	70-74	1:01:00	SILVER
Melendy	Byron	Male	80-84	1:11.03	GOLD