

San Diego Senior Games Fitness Competition 2025

CORRECTED=C						
Prowler Push C	2X45 Plates	Men	50-54	Gold	DeHart, John	0.12
Prowler Push	2X45 Plates	Men	50-54	Silver	Noel, Shane	0.14
Prowler Push	2X45 Plates	Men	50-54	Bronze	Kumar, Akash	0.15
Prowler Push	2X45 Plates	Men	55-59	Gold	Hightower, Lloyd	0.13
Prowler Push	2X45 Plates	Men	55-59	Silver	Vonk, Eric	0.15
Prowler Push	2X45 Plates	Men	55-59	Bronze	Gaddis, Brent	0.15.2
Prowler Push C	2X45 Plates	Men	60-64	Gold	Chan, Stephen	0.16.7
Prowler Push	2X45 Plates	Men	60-64	SILVER	Vince Butsumyo	0.16.8
Prowler Push	2X45 Plates	Men	60-64	Bronze	Snowden, Gregg	0.17.1
Prowler Push C	2X45 Plates	Men	65-69	Gold	Straggas, George	0:18
Prowler Push	2X45 Plates	Men	65-69	Silver	Amphlett, Perky	0:20.9
Prowler Push	2X45 Plates	Men	65-69	Bronze	Brower, Robert L T	0:21
Prowler Push	2X45 Plates	Men	70-74	Gold	Linder, Gary	0:17
Prowler Push	2X45 Plates	Men	70-74	Silver	Brown, David	0:21
Prowler Push	2X45 Plates	Men	70-74	Bronze	Suetos, Jay	0:24
Prowler Push	2X45 Plates	Men	75-79	Gold	Williams, Stan	0:19
Prowler Push	2X45 Plates	Men	75-79	Silver	McKay, Michael	0:20
Prowler Push	2X45 Plates	Men	75-79	Bronze	Gougoulas, Dino	0:25
Prowler Push	2X45 Plates	Men	85-89	Gold	Sepin, Arthur	0:20
Prowler Push	2X45 Plates	Men	85-89	Silver	Scott, Cliff	0:43
Prowler Push	2X45 Plates	Men	90-94	Gold	Walker, Stafford	2.00
Prowler Push	2X45 Plates	Men	95-99	Gold	Schneider, Ronald	1.33
Prowler Push C	2X25 Plates	Women	50-54	Gold	Hays Moreno, Jennifer	0:16
Prowler Push	2X25 Plates	Women	50-54	Silver	Mycynek, Jean	0:19
Prowler Push	2X25 Plates	Women	50-54	Bronze	Hayes, Kristen	0:25
Prowler Push C	2X25 Plates	Women	55-59	Gold	Terronez, Yvette	0:16.1
Prowler Push	2X25 Plates	Women	55-59	Gold	Mansfield, Kelly	0:16.6
Prowler Push	2X25 Plates	Women	55-59	Silver	Moreno, Janelle	0:17
Prowler Push	2X25 Plates	Women	60-64	Gold	Howell, Karen	0:15.1
	2X25 Plates	Women	60-64	Silver	Rowe, Dorsie	0:15.4
Prowler Push	2X25 Plates	Women	60-64	Bronze	Bobkowski, Sabrina	0:16

Prowler Push	2X25 Plates	Women	65-69	Gold	Daigle, Nancy	0:15
Prowler Push	2X25 Plates	Women	65-69	Silver	Dahl, Tonnie	0:16
Prowler Push	2X25 Plates	Women	65-69	Bronze	Matthews, Julie	0:17
Prowler Push	2X25 Plates	Women	70-74	Gold	Bolduc, Cynthia	0:26
Prowler Push	2X25 Plates	Women	70-74	Silver	Currier, Camille	0:34
Prowler Push	2X25 Plates	Women	70-74	Bronze	Garrett, Sally	0:38
Prowler Push	2X25 Plates	Women	75-79	Gold	Sheridan, Suzanne	0:40
Prowler Push	2X25 Plates	Women	80-84	Gold	Nicholson, Catherine	0:31
Prowler Push	2X25 Plates	Women	80-84	Silver	Carraway, Kristine	0:47
Prowler Push	2X25 Plates	Women	85-89	Gold	Walker, Sandra	0:34

San Diego Senior Games Fitness Competition 2025

Medicine Ball Slams	15 lbs	Men	50-54	Gold	Higgins, Matt	51
Medicine Ball Slams	15 lbs	Men	50-54	Silver	Noel, Shane	47
Medicine Ball Slams	15 lbs	Men	50-54	Bronze	DeHart, John	45
Medicine Ball Slams	15 lbs	Men	55-59	Gold	Vonk, Eric	47
Medicine Ball Slams	15 lbs	Men	55-59	Silver	Carson, Dennis	41
Medicine Ball Slams	15 lbs	Men	55-59	Bronze	Park, Andy	38
Medicine Ball Slams	15 lbs	Men	60-64	Gold	Butsumyo, Vince	54
Medicine Ball Slams	15 lbs	Men	60-64	Silver	Snowden, Gregg	47
Medicine Ball Slams	15 lbs	Men	60-64	Bronze	Rothstein, Jeff	42
Medicine Ball Slams C	15 lbs	Men	65-69	Gold	Straggas, George	44
Medicine Ball Slams	15 lbs	Men	65-69	Silver	Brower, Robert L T	40
Medicine Ball Slams	15 lbs	Men	65-69	Bronze	Becker, Jeffrey	32
Medicine Ball Slams	15 lbs	Men	70-74	Gold	Brown, David	41
Medicine Ball Slams	15 lbs	Men	70-74	Silver	Linder, Gary	40
Medicine Ball Slams	15 lbs	Men	70-74	Bronze	Haunfelner, Kurt	34
Medicine Ball Slams	15 lbs	Men	75-79	Gold	Williams, Stan	44
Medicine Ball Slams	15 lbs	Men	75-79	Silver	Barnes, Greg	37
Medicine Ball Slams	15 lbs	Men	75-79	Bronze	McKay, Michael	34

Medicine Ball Slams	15 lbs	Men	95-99	Gold	Ronald Schneider	15
Medicine Ball Slams	10 lbs	Women	50-54	Gold	Hays Moreno, Jennifer	46
Medicine Ball Slams	10 lbs	Women	50-54	Silver	Hayes, Kristen	37
Medicine Ball Slams	10 lbs	Women	50-54	Bronze	DeHart, Rachel	34
Medicine Ball Slams	10 lbs	Women	55-59	Gold	Sterger, Tara	43
Medicine Ball Slams	10 lbs	Women	55-59	Silver	Brooker, Danae	41
Medicine Ball Slams	10 lbs	Women	55-59	Silver	Moreno, Janelle	41
Medicine Ball Slams	10 lbs	Women	55-59	Bronze	Snowden, Christine	37
Medicine Ball Slams C	10 lbs	Women	60-64	Gold	Amsberry, Eileen	41
Medicine Ball Slams	10 lbs	Women	60-64	Gold	Ilko, Janet	41
Medicine Ball Slams	10 lbs	Women	60-64	Silver	Jimenez, Irma	36
Medicine Ball Slams	10 lbs	Women	60-64	Bronze	Pope, Pauline	33
Medicine Ball Slams	10 lbs	Women	65-69	Gold	Daigle, Nancy	43
Medicine Ball Slams	10 lbs	Women	65-69	Silver	Dahl, Tonnie	42
Medicine Ball Slams	10 lbs	Women	65-69	Bronze	Amaral, Joan	37
Medicine Ball Slams	10 lbs	Women	70-74	Gold	Bolduc, Cynthia	36
Medicine Ball Slams	10 lbs	Women	70-74	Silver	Happ, Peggy	30
Medicine Ball Slams	10 lbs	Women	70-74	Bronze	Currier, Camille	29
Medicine Ball Slams	10 lbs	Women	75-79	Gold	Sheridan, Suzanne	29
Medicine Ball Slams	10 lbs	Women	80-84	Gold	Nicholson, Catherine	32
Medicine Ball Slams	10 lbs	Women	85-89	Gold	Walker, Sandra	30

San Diego Senior Games Fitness Competition 2025

Kettlebell Box Squat	24 kg	Men	50-54	Gold	Noel, Shane	70
Kettlebell Box Squat	24 kg	Men	50-54	Gold	DeHart, John	70
Kettlebell Box Squat	24 kg	Men	50-54	Silver	Kreczmer, Kerry	65
Kettlebell Box Squat	24 kg	Men	50-54	Bronze	Kumar, Akash	35
Kettlebell Box Squat	24 kg	Men	55-59	Gold	Vonk, Eric	60
Kettlebell Box Squat	24 kg	Men	55-59	Silver	Park, Andy	34
Kettlebell Box Squat	24 kg	Men	55-59	Bronze	Woods, David	24

Kettlebell Box Squat	20 kg	Men	60-64	Gold	Butsumyo, Vince	86
Kettlebell Box Squat	20 kg	Men	60-64	Silver	Rothstein, Jeff	55
Kettlebell Box Squat	20 kg	Men	60-64	Bronze	Hale, Darryl	50
Kettlebell Box Squat	20 kg	Men	65-69	Gold	Wallace, Mark	80
Kettlebell Box Squat	20 kg	Men	65-69	Silver	Brower, Robert L T	64
Kettlebell Box Squat	20 kg	Men	65-69	Bronze	Amphlett, Perky	41
Kettlebell Box Squat	16 kg	Men	70-74	Gold	Moylan, Jerome	70
Kettlebell Box Squat	16 kg	Men	70-74	Silver	Haunfelner, Kurt	60
Kettlebell Box Squat	16 kg	Men	70-74	Bronze	Suetos, Jay	51
Kettlebell Box Squat	16 kg	Men	75-79	Gold	Bridges, John	81
Kettlebell Box Squat	16 kg	Men	75-79	Silver	Barnes, Greg	66
Kettlebell Box Squat	16 kg	Men	75-79	Bronze	Williams, Stan	61
Kettlebell Box Squat	12 kg	Men	80-84	Gold	Christison, Randall	36
Kettlebell Box Squat	12 kg	Men	85-89	Gold	Scott, Cliff	48
Kettlebell Box Squat	20 kg	Women	50-54	Gold	Hays Moreno, Jennifer	62
Kettlebell Box Squat	20 kg	Women	50-54	Silver	DeHart, Rachel	46
Kettlebell Box Squat	20 kg	Women	50-54	Bronze	Hayes, Kristen	40
Kettlebell Box Squat	20 kg	Women	55-59	Gold	Markell, Debbie	54
Kettlebell Box Squat	20 kg	Women	55-59	Silver	Terronez, Yvette	45
Kettlebell Box Squat	20 kg	Women	55-59	Bronze	Moreno, Janelle	40
Kettlebell Box Squat	20 kg	Women	55-59	Bronze	Snowden, Christine	40
Kettlebell Box Squat	20 kg	Women	55-59	Bronze	Sterger, Tara	40
Kettlebell Box Squat	16 kg	Women	60-64	Gold	Pope, Pauline	60
Kettlebell Box Squat	16 kg	Women	60-64	Silver	Jimenez, Irma	53
Kettlebell Box Squat	16 kg	Women	60-64	Bronze	Field, Kim	51
Kettlebell Box Squat	16 kg	Women	65-69	Gold	Nancy Daigle	82
Kettlebell Box Squat	16 kg	Women	65-69	Silver	Tonnie Dahl	76
Kettlebell Box Squat	16 kg	Women	65-69	Bronze	Matthews, Julie	70
Kettlebell Box Squat	12 kg	Women	70-74	Gold	Green, Marilyn	30
Kettlebell Box Squat	12 kg	Women	70-74	Silver	Bolduc, Cynthia	23
Kettlebell Box Squat	12 kg	Women	70-74	Bronze	Currier, Camille	15

Kettlebell Box Squat	12 kg	Women	75-79	Gold	Sheridan, Suzanne	45
Kettlebell Box Squat	8 kg	Women	80-84	Gold	Catherine Nicholson	60
Kettlebell Box Squat	8 kg	Women	80-84	Silver	Kristine Carraway	51

San Diego Senior Games Fitness Competition 2025

Dynamax Ball Overhead Throw C	8 lbs	Men	50-54	Gold	DeHart, John	528
Dynamax Ball Overhead Throw	8 lbs	Men	50-54	Silver	Higgins, Matt	480
Dynamax Ball Overhead Throw	8 lbs	Men	50-54	Bronze	Kumar, Akash	405
Dynamax Ball Overhead Throw	8 lbs	Men	55-59	Gold	Gaddis, Brent	486
Dynamax Ball Overhead Throw	8 lbs	Men	55-59	Silver	Carson, Dennis	444
Dynamax Ball Overhead Throw	8 lbs	Men	55-59	Bronze	Woods, David	438
Dynamax Ball Overhead Throw	8 lbs	Men	60-64	Gold	Snowden, Gregg	456
Dynamax Ball Overhead Throw	8 lbs	Men	60-64	Silver	Chan, Stephen	396
Dynamax Ball Overhead Throw	8 lbs	Men	60-64	Bronze	Nakahara, Lawrence	384
Dynamax Ball Overhead Throw	8 lbs	Men	65-69	Gold	Wallace, Mark	427
Dynamax Ball Overhead Throw	8 lbs	Men	65-69	Silver	Amphlett, Perky	336
Dynamax Ball Overhead Throw	8 lbs	Men	65-69	Silver	Straggas, George	336
Dynamax Ball Overhead Throw	8 lbs	Men	65-69	Bronze	Brower, Robert L T	280
Dynamax Ball Overhead Throw	8 lbs	Men	70-74	Gold	Suetos, Jay	387
Dynamax Ball Overhead Throw	8 lbs	Men	70-74	Silver	Linder, Gary	324
Dynamax Ball Overhead Throw	8 lbs	Men	70-74	Bronze	Brown, David	300
Dynamax Ball Overhead Throw	8 lbs	Men	75-79	Gold	McKay, Michael	318
Dynamax Ball Overhead Throw	8 lbs	Men	75-79	Silver	Gougoulas, Dino	312
Dynamax Ball Overhead Throw	8 lbs	Men	75-79	Bronze	Williams, Stan	288
Dynamax Ball Overhead Throw	8 lbs	Men	85-89	Gold	Sepin, Arthur	294
Dynamax Ball Overhead Throw	8 lbs	Men	85-89	Silver	Scott, Cliff	276
Dynamax Ball Overhead Throw C	8 lbs	Men	95-99	Gold	Schneider, Ronald	91
Dynamax Ball Overhead Throw	4 lbs	Women	50-54	Gold	Hays Moreno, Jennifer	372
Dynamax Ball Overhead Throw	4 lbs	Women	50-54	Silver	Hayes, Kristen	336
Dynamax Ball Overhead Throw	4 lbs	Women	50-54	Silver	Mycynek, Jean	294

Dynamax Ball Overhead Throw C	4 lbs	Women	55-59	Gold	Terronez, Yvette	360
Dynamax Ball Overhead Throw	4 lbs	Women	55-59	Silver	Snowden, Christine	300
Dynamax Ball Overhead Throw	4 lbs	Women	55-59	Silver	Brooker, Danae	300
Dynamax Ball Overhead Throw	4 lbs	Women	55-59	Silver	Ulph, Jennifer	300
Dynamax Ball Overhead Throw	4 lbs	Women	55-59	Bronze	Markell, Debbie	297
Dynamax Ball Overhead Throw	4 lbs	Women	60-64	Gold	Howell, Karen	420
Dynamax Ball Overhead Throw	4 lbs	Women	60-64	Silver	Field, Kim	354
Dynamax Ball Overhead Throw	4 lbs	Women	60-64	Bronze	Jimenez, Irma	348
Dynamax Ball Overhead Throw	4 lbs	Women	60-64	Bronze	Bobkowski, Sabrina	348
Dynamax Ball Overhead Throw	4 lbs	Women	65-69	Gold	Daigle, Nancy	420
Dynamax Ball Overhead Throw	4 lbs	Women	65-69	Silver	Singleton, Dawn	339
Dynamax Ball Overhead Throw	4 lbs	Women	65-69	Bronze	Brown, Susan	336
Dynamax Ball Overhead Throw	4 lbs	Women	70-74	Gold	Currier, Camille	265
Dynamax Ball Overhead Throw	4 lbs	Women	70-74	Silver	Happ, Peggy	198
Dynamax Ball Overhead Throw	4 lbs	Women	75-79	Gold	Sheridan, Suzanne	252
Dynamax Ball Overhead Throw	4 lbs	Women	80-84	Gold	Nicholson, Catherine	252
Dynamax Ball Overhead Throw	4 lbs	Women	80-84	Silver	Carraway, Kristine	148

San Diego Senior Games Fitness Competition 2025

Jump Rope		Men	50-54	Gold	Kumar, Akash	213
Jump Rope		Men	50-54	Silver	DeHart, John	151
Jump Rope		Men	50-54	Bronze	Higgins, Matt	148
Jump Rope		Men	55-59	Gold	Vonk, Eric	175
Jump Rope		Men	55-59	Silver	Park, Andy	150
Jump Rope		Men	55-59	Bronze	Kakutani, Go	149
Jump Rope		Men	60-64	Gold	Butsumyo, Vince	194
Jump Rope		Men	60-64	Silver	Rothstein, Jeff	170
Jump Rope		Men	60-64	Bronze	Hale, Darryl	146
Jump Rope C		Men	65-69	Gold	Brower, Robert L T	169
Jump Rope		Men	65-69	Silver	Pyle, Tim	145
Jump Rope		Men	65-69	Bronze	Amphlett, Perky	48

Jump Rope		Men	70-74	Gold	Pittman, Patrick	168
Jump Rope		Men	70-74	Silver	Haunfelner, Kurt	158
Jump Rope		Men	70-74	Bronze	Hemme, Jerry	147
Jump Rope		Men	75-79	Gold	Rhodes, Oliver	149
Jump Rope		Men	75-79	Silver	McKay, Michael	71
Jump Rope		Men	75-79	Bronze	Williams, Stan	66
Jump Rope		Women	50-54	Gold	Hays Moreno, Jennifer	142
Jump Rope		Women	50-54	Silver	DeHart, Rachel	117
Jump Rope		Women	50-54	Bronze	Hayes, Kristen	109
Jump Rope		Women	55-59	Gold	Sterger, Tara	226
Jump Rope		Women	55-59	Silver	Markell, Debbie	200
Jump Rope		Women	55-59	Bronze	Moreno, Janelle	194
Jump Rope		Women	60-64	Gold	Pope, Pauline	173
Jump Rope		Women	60-64	Silver	Amsberry, Eileen	153
Jump Rope		Women	60-64	Bronze	Bobkowski, Sabrina	138
Jump Rope		Women	65-69	Gold	Newton, Maria	167
Jump Rope		Women	65-69	Silver	Starksen, Mary	166
Jump Rope		Women	65-69	Silver	Singleton, Dawn	156
Jump Rope C		Women	70-74	Gold	Bolduc, Cynthia	67
Jump Rope		Women	75-79	Gold	Sheridan, Suzanne	111

San Diego Senior Games Fitness Competition 2025

Overhead Straight Arm Hang		Men	50-54	Gold	Kreczmer, Kerry	2:02
Overhead Straight Arm Hang		Men	50-54	Gold	Kumar, Akash	1:50
Overhead Straight Arm Hang		Men	50-54	Gold	Higgins, Matt	1:31
Overhead Straight Arm Hang		Men	55-59	Gold	Carson, Dennis	1:33
Overhead Straight Arm Hang		Men	55-59	Silver	Park, Andy	1:31
Overhead Straight Arm Hang		Men	55-59	Bronze	Gaddis, Brent	1:27

Overhead Straight Arm Hang C		Men	60-64	Gold	Hale, Darryl	2:09
Overhead Straight Arm Hang		Men	60-64	Silver	Rothstein, Jeff	2:03
Overhead Straight Arm Hang		Men	60-64	Bronze	Butsumyo, Vince	1:22
Overhead Straight Arm Hang		Men	65-69	Gold	Amphlett, Perky	2:00
Overhead Straight Arm Hang		Men	65-69	Silver	Straggas, George	1:38
Overhead Straight Arm Hang		Men	65-69	Bronze	Pyle, Tim	1:13
Overhead Straight Arm Hang		Men	70-74	Gold	Hemme, Jerry	4:33
Overhead Straight Arm Hang		Men	70-74	Silver	Pittman, Patrick	2:16
Overhead Straight Arm Hang		Men	70-74	Bronze	Haunfelner, Kurt	1:47
Overhead Straight Arm Hang		Men	75-79	Gold	Rhodes, Oliver	2:24
Overhead Straight Arm Hang		Men	75-79	Silver	Williams, Stan	2:08
Overhead Straight Arm Hang		Men	75-79	Bronze	McKay, Michael	1:24
Overhead Straight Arm Hang		Men	85-89	Gold	Scott, Cliff	1:33
Overhead Straight Arm Hang		Women	50-54	Gold	DeHart, Rachel	2:04
Overhead Straight Arm Hang		Women	50-54	Silver	Hays Moreno, Jennifer	1:03
Overhead Straight Arm Hang		Women	50-54	Bronze	Hayes, Kristen	0:37
Overhead Straight Arm Hang		Women	55-59	Gold	Sterger, Tara	2:28
Overhead Straight Arm Hang		Women	55-59	Silver	Brooker, Danae	1:11
Overhead Straight Arm Hang		Women	55-59	Bronze	Terronez, Yvette	1:09
Overhead Straight Arm Hang		Women	60-64	Gold	Pope, Pauline	2:24
Overhead Straight Arm Hang		Women	60-64	Silver	Bobkowski, Sabrina	1:53
Overhead Straight Arm Hang		Women	60-64	Bronze	Hicks, Rozetha	1:30
Overhead Straight Arm Hang C		Women	65-69	Gold	Amaral, Joan	2:33
Overhead Straight Arm Hang		Women	70-74	Gold	Happ, Peggy	2:27
Overhead Straight Arm Hang		Women	70-74	Silver	Bolduc, Cynthia	0:45
Overhead Straight Arm Hang		Women	70-74	Bronze	Currier, Camille	0:21
Overhead Straight Arm Hang		Women	75-79	Gold	Sheridan, Suzanne	1:31

Overhead Straight Arm Hang C		Women	80-84	Gold	Carraway, Kristine	1:27
Overhead Straight Arm Hang		Women	85-89	Gold	Walker, Sandra	1:16

San Diego Senior Games Fitness Competition 2025

Standing Broad Jump		Men	50-54	Gold	DeHart, John	81
Standing Broad Jump		Men	50-54	Silver	Higgins, Matt	79
Standing Broad Jump		Men	50-54	Bronze	Noel, Shane	78
Standing Broad Jump		Men	55-59	Gold	Hightower, Lloyd	99
Standing Broad Jump		Men	55-59	Silver	Park, Andy	91
Standing Broad Jump		Men	55-59	Bronze	Vonk, Eric	83
Standing Broad Jump		Men	60-64	Gold	Butsumyo, Vince	85
Standing Broad Jump		Men	60-64	Silver	Snowden, Gregg	83
Standing Broad Jump		Men	60-64	Bronze	Nakahara, Lawrence	81
Standing Broad Jump		Men	65-69	Gold	Pyle, Tim	66
Standing Broad Jump		Men	65-69	Silver	Straggas, George	63
Standing Broad Jump		Men	65-69	Bronze	Brower, Robert L T	48
Standing Broad Jump		Men	70-74	Gold	Hemme, Jerry	66
Standing Broad Jump		Men	70-74	Silver	Brown, David	65
Standing Broad Jump		Men	75-79	Bronze	Linder, Gary	63
Standing Broad Jump		Men	75-79	Gold	Barnes, Greg	63
Standing Broad Jump		Men	75-79	Silver	Gougoulas, Dino	58
Standing Broad Jump		Men	75-79	Bronze	Rhodes, Oliver	54
Standing Broad Jump		Men	85-89	Gold	Sepin, Arthur	37
Standing Broad Jump		Women	50-54	Gold	Hays Moreno, Jennifer	64
Standing Broad Jump		Women	50-54	Silver	DeHart, Rachel	60
Standing Broad Jump		Women	50-54	Bronze	Hayes, Kristen	53
Standing Broad Jump		Women	55-59	Gold	Brooker, Danae	68
Standing Broad Jump		Women	55-59	Silver	Sterger, Tara	64
Standing Broad Jump		Women	55-59	Bronze	Terronez, Yvette	63

Standing Broad Jump		Women	60-64	Gold	Howell, Karen	76
Standing Broad Jump		Women	60-64	Silver	Bobkowski, Sabrina	61
Standing Broad Jump		Women	60-64	Bronze	Hicks, Rozetha	59
Standing Broad Jump		Women	65-69	Gold	Singleton, Dawn	71
Standing Broad Jump		Women	65-69	Silver	Matthews, Julie	61
Standing Broad Jump		Women	65-69	Bronze	Daigle, Nancy	58
Standing Broad Jump		Women	70-74	Gold	Currier, Camille	39
Standing Broad Jump		Women	75-79	Gold	Sheridan, Suzanne	48
Standing Broad Jump		Women	80-84	Gold	Nicholson, Catherine	50

San Diego Senior Games Fitness Competition 2025

Concept Row Machine		Men	50-54	Gold	Higgins, Matt	1:30
Concept Row Machine		Men	50-54	Silver	DeHart, John	1:32
Concept Row Machine		Men	50-54	Bronze	Kreczmer, Kerry	1:39
Concept Row Machine		Men	55-59	Gold	Gaddis, Brent	1:38
Concept Row Machine		Men	55-59	Silver	Carson, Dennis	1:39
Concept Row Machine		Men	55-59	Bronze	Hightower, Lloyd	1:39.6
Concept Row Machine		Men	60-64	Gold	Washington, Kevin	1:46
Concept Row Machine		Men	60-64	Silver	Butsumyo, Vince	1:48
Concept Row Machine		Men	60-64	Bronze	Amsberry, James	1:53
Concept Row Machine		Men	65-69	Gold	Brower, Robert L T	1:48
Concept Row Machine		Men	65-69	Silver	Wallace, Mark	1:49
Concept Row Machine		Men	65-69	Bronze	Amphlett, Perky	1:52
Concept Row Machine		Men	70-74	Gold	Brown, David	1:55
Concept Row Machine		Men	70-74	Silver	Hudson, Alan	2:01
Concept Row Machine		Men	70-74	Bronze	Hemme, Jerry	2:02
Concept Row Machine		Men	75-79	Gold	Bridges, John	1:54
Concept Row Machine		Men	75-79	Silver	Williams, Stan	2:03
Concept Row Machine		Men	75-79	Silver	Gougoulas, Dino	2:03

Concept Row Machine		Men	75-79	Bronze	McKay, Michael	2:08
Concept Row Machine		Men	80-84	Gold	Christison, Randall	2:04
Concept Row Machine		Men	95-99	Gold	Schneider, Ronald	3:22
Concept Row Machine C		Women	50-54	Gold	Hayes, Kristen	1:52
Concept Row Machine		Women	50-54	Silver	Hays Moreno, Jennifer	1:58
Concept Row Machine		Women	50-54	Bronze	DeHart, Rachel	2:08
Concept Row Machine C		Women	55-59	Gold	Ulph, Jennifer	1:57
Concept Row Machine		Women	55-59	Silver	Brooker, Danae	1:58
Concept Row Machine		Women	55-59	Bronze	Moreno, Janelle	2:06
Concept Row Machine		Women	60-64	Gold	Bobkowski, Sabrina	2:00
Concept Row Machine		Women	60-64	Silver	Howell, Karen	2:04
Concept Row Machine		Women	60-64	Bronze	Hammel, Patricia	2:07
Concept Row Machine		Women	65-69	Gold	Daigle, Nancy	1:54
Concept Row Machine		Women	65-69	Silver	Matthews, Julie	2:08
Concept Row Machine		Women	65-69	Bronze	Dahl, Tonnie	2:09
Concept Row Machine		Women	70-74	Gold	Green, Marilyn	2:21
Concept Row Machine		Women	70-74	Silver	Bolduc, Cynthia	2:28
Concept Row Machine		Women	70-74	Bronze	Garrett, Sally	2:35
Concept Row Machine		Women	75-79	Gold	Sheridan, Suzanne	2:22
Concept Row Machine		Women	80-84	Gold	Carraway, Kristine	3:11
Concept Row Machine		Women	85-89	Gold	Walker, Sandra	2:37

San Diego Senior Games Fitness Competition 2025

Bar Bell Bench Press	115 lbs	Men	50-54	Gold	DeHart, John	64
Bar Bell Bench Press	115 lbs	Men	50-54	Silver	Higgins, Matt	48
Bar Bell Bench Press	115 lbs	Men	50-54	Bronze	Kumar, Akash	25
Bar Bell Bench Press	115 lbs	Men	55-59	Gold	Gaddis, Brent	46
Bar Bell Bench Press	115 lbs	Men	55-59	Silver	Carson, Dennis	41
Bar Bell Bench Press	115 lbs	Men	55-59	Bronze	Woods, David	30

Bar Bell Bench Press	95 lbs	Men	60-64	Gold	Snowden, Gregg	55
Bar Bell Bench Press	95 lbs	Men	60-64	Silver	Nakahara, Lawrence	42
Bar Bell Bench Press	95 lbs	Men	60-64	Bronze	Hale, Darryl	28
Bar Bell Bench Press	95 lbs	Men	65-69	Gold	Wallace, Mark	55
Bar Bell Bench Press	95 lbs	Men	65-69	Silver	Straggas, George	36
Bar Bell Bench Press	95 lbs	Men	65-69	Bronze	Becker, Jeffrey	28
Bar Bell Bench Press	75 lbs	Men	70-74	Gold	Linder, Gary	68
Bar Bell Bench Press	75 lbs	Men	70-74	Silver	Suetos, Jay	50
Bar Bell Bench Press	75 lbs	Men	70-74	Bronze	Haunfelner, Kurt	32
Bar Bell Bench Press	75 lbs	Men	75-79	Gold	Bridges, John	40
Bar Bell Bench Press	75 lbs	Men	75-79	Silver	Williams, Stan	39
Bar Bell Bench Press	75 lbs	Men	75-79	Bronze	McKay, Michael	27
Bar Bell Bench Press	75 lbs	Men	75-79	Bronze	Rhodes, Oliver	27
Bar Bell Bench Press	55 lbs	Men	80-84	Gold	Christison, Randall	33
Bar Bell Bench Press	55 lbs	Men	85-89	Gold	Sepin, Arthur	75
Bar Bell Bench Press	50 lbs	Men	90-94	Gold	Walker, Stafford	29
Bar Bell Bench Press	50 lbs	Men	95-99	Gold	Schneider, Ronald	9
Bar Bell Bench Press	55 lbs	Women	50-54	Gold	DeHart, Rachel	32
Bar Bell Bench Press	55 lbs	Women	50-54	Silver	Hays Moreno, Jennifer	26
Bar Bell Bench Press	55 lbs	Women	50-54	Bronze	Hayes, Kristen	23
Bar Bell Bench Press	55 lbs	Women	55-59	Gold	Markell, Debbie	36
Bar Bell Bench Press	55 lbs	Women	55-59	Silver	Terronez, Yvette	35
Bar Bell Bench Press	55 lbs	Women	55-59	Bronze	Snowden, Christine	33
Bar Bell Bench Press	50 lbs	Women	60-64	Gold	Rowe, Dorsie	43
Bar Bell Bench Press	50 lbs	Women	60-64	Gold	Bobkowski, Sabrina	43
Bar Bell Bench Press	50 lbs	Women	60-64	Silver	Jimenez, Irma	40
Bar Bell Bench Press	50 lbs	Women	60-64	Bronze	Howell, Karen	33
Bar Bell Bench Press	50 lbs	Women	65-69	Gold	Dahl, Tonnie	50
Bar Bell Bench Press	50 lbs	Women	65-69	Silver	Daigle, Nancy	48
Bar Bell Bench Press	50 lbs	Women	65-69	Bronze	Amaral, Joan	35

Bar Bell Bench Press	45 lbs	Women	70-74	Gold	Green, Marilyn	38
Bar Bell Bench Press	45 lbs	Women	70-74	Silver	Happ, Peggy	12
Bar Bell Bench Press	45 lbs	Women	70-74	Bronze	Currier, Camille	8
Bar Bell Bench Press	45 lbs	Women	75-79	Gold	Sheridan, Suzanne	29
Bar Bell Bench Press	35 lbs	Women	80-84	Gold	Nicholson, Catherine	33
Bar Bell Bench Press	35 lbs	Women	85-89	Gold	Walker, Sandra	19

San Diego Senior Games Fitness Competition 2025

300 Yard Shuttle Run		Men	50-54	Gold	Higgins, Matt	1:01
300 Yard Shuttle Run		Men	50-54	Silver	Kumar, Akash	1:05
300 Yard Shuttle Run		Men	50-54	Bronze	Kreczmer, Kerry	1:24
300 Yard Shuttle Run C		Men	55-59	Gold	Hightower, Lloyd	0:59
300 Yard Shuttle Run		Men	55-59	Silver	Park, Andy	1:07
300 Yard Shuttle Run		Men	55-59	Bronze	Vonk, Eric	1:08
300 Yard Shuttle Run		Men	60-64	Gold	Butsumyo, Vince	1:03
300 Yard Shuttle Run		Men	60-64	Silver	Washington, Kevin	1:06
300 Yard Shuttle Run		Men	60-64	Bronze	Chan, Stephen	1:09
300 Yard Shuttle Run C		Men	65-69	Gold	Pyle, Tim	1:15
300 Yard Shuttle Run		Men	65-69	Silver	Straggas, George	1:23
300 Yard Shuttle Run		Men	65-69	Bronze	Becker, Jeffrey	1:46
300 Yard Shuttle Run		Men	70-74	Gold	Hemme, Jerry	1:11
300 Yard Shuttle Run		Men	70-74	Silver	Haunfelner, Kurt	1:18
300 Yard Shuttle Run		Men	70-74	Bronze	Pittman, Patrick	1:45
300 Yard Shuttle Run		Men	75-79	Gold	Barnes, Greg	1:27
300 Yard Shuttle Run		Men	75-79	Silver	Stowell, Dennis	1:28
300 Yard Shuttle Run		Men	75-79	Bronze	Williams, Stan	1:31
300 Yard Shuttle Run		Women	50-54	Gold	Hays Moreno, Jennifer	1:12
300 Yard Shuttle Run		Women	50-54	Silver	DeHart, Rachel	1:26
300 Yard Shuttle Run		Women	50-54	Bronze	Hayes, Kristen	1:30
300 Yard Shuttle Run		Women	55-59	Gold	Sterger, Tara	1:10

300 Yard Shuttle Run		Women	55-59	Silver	Moreno, Janelle	1:12
300 Yard Shuttle Run		Women	55-59	Bronze	Brooker, Danae	1:21
300 Yard Shuttle Run		Women	60-64	Gold	Howell, Karen	1:12
300 Yard Shuttle Run		Women	60-64	Silver	Bobkowski, Sabrina	1:13
300 Yard Shuttle Run		Women	60-64	Bronze	Pope, Pauline	1:26
300 Yard Shuttle Run		Women	60-64	Bronze	Hicks, Rozetha	1:26
300 Yard Shuttle Run		Women	65-69	Gold	Matthews, Julie	1:20
300 Yard Shuttle Run		Women	65-69	Silver	Dahl, Tonnie	1:28
300 Yard Shuttle Run		Women	65-69	Bronze	Newton, Maria	1:30
300 Yard Shuttle Run		Women	70-74	Gold	Green, Marilyn	1:52
300 Yard Shuttle Run		Women	75-79	Gold	Sheridan, Suzanne	1:47