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SDSeniorGames.org



MASTERS 50+ FITNESS COMPETITION

CAL STATE SENIORS GAMES

SEPTEMBER 25, 2022 | 9:00 A.M. - 11:00 A.M.



COMMISSIONER: Stan Williams

LOCATION: Fitness Quest 10, 9972 Scripps Ranch Blvd., San Diego, CA 92131

ENTRY FEE: \$40 per person + \$15 Sport Fee

DEADLINE: September 18, 2022

INCLUDES: T-Shirt; Medals will be awarded by gender, event in each age division: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+



For a description of the Ten Fitness Events and the Fitness Rules Q & A contact Commissioner Stan Williams (408) 799-3852 or stanwill1@gmail.com

This event is only for California Senior State Championships. It is not a qualifier for the National Senior Games. For More Information visit SDSeniorGames.org For a description of the Ten Events email us at: info@sdseniorgames.org