



National

Senior Games

Association™

Official Sport Rules
2017 National Senior Games
Presented by Humana
January 1, 2016

BASKETBALL
Three-on-Three Half Court

QUALIFYING RULES

1. All first-, second- and third-place teams at a 2016 NSGA qualifying games will qualify for the 2017 National Senior Games.
2. Each 2016 NSGA qualifying games may qualify all basketball teams that compete in the 80+ age division. Competition must take place in accordance with Rule H in order for teams to be qualified.

ENTRY REGULATIONS

1. Teams must be of all one gender.
2. Team rosters shall be limited to ten persons, including non-playing coaches, non-playing captains and non-playing bench personnel. Teams are no longer limited to the number of out-of-state players on their rosters; however roster changes shall be allowed only as permitted under Rule F. It is the captain's responsibility to declare team residency subject to NSGA approval, at the time of registration.
3. All registration and team rules apply to non-playing coaches, non-playing captains and non-playing bench personnel.
4. At the National Senior Games athletes may compete on up to two teams per sport providing that the teams are in different age divisions that are scheduled to play in completely separate sessions.
5. Age divisions for all team competition will be determined by the age of the youngest team member as of December 31, 2017.

FORMAT

1. Tournament format will include preliminary round robin pool play leading to an elimination bracket championship final. A championship final flight system, a maximum of three skill divisions based on number of teams in each division and pool play results, will be utilized. The following divisions will be used, Division I (highest level), Division II and Division III. The number of divisions will be determined by the number of teams within each age division. The final playoff format will be determined at the discretion of the NSGA.
2. First through fourth place awards will be presented in each skill age division.
3. Every effort will be made to provide teams a minimum of five games.
4. The NSGA and LOC reserve the right to change the tournament format for any age division based on entry numbers, space restrictions, or other circumstance.
5. Ties for seeding will be broken in the following manner:
 - a. Overall record
 - b. Head-to-Head competition
 - c. Point differential - A maximum of 13 points will be awarded towards point differential, regardless of final score
 - d. Coin Toss
6. Forfeits shall be scored 7-0.
7. Default during competition Rule S will be strictly enforced.

SPORT RULES

1. This tournament will be conducted in accordance with National Collegiate Athletic Association (NCAA) rules, except as modified herein. For a copy of these rules, please write or call:

National Collegiate Athletic Association
700 W. Washington Street
P. O. Box 6222
Indianapolis, IN 46206-6222
(317) 917-6222
www.ncaa.org

2. Teams must have a minimum of three players on the floor to start a game. Teams may continue/finish with a minimum of two players on the floor.
3. The game shall be played on half court by two teams of three players each, with a maximum of seven substitutes.
4. Playing time shall be two halves of 15 minutes of a continuously running clock with an intermission of five minutes. In the last two minutes of each half, the clock will stop in accordance with normal basketball rules. The clock also stops after a made basket during the last minute of the second half.

5. A tie score at the end of regulation time will result in a three-minute overtime period. During the first overtime period, the clock will stop in accordance with normal basketball rules. If the game is still tied at the end of the first overtime period, subsequent three-minute periods shall be played until the tie is broken. After the first overtime period, all additional overtime periods will have a running clock except for the last minute in which the clock will stop in accordance with normal basketball rules. The clock also stops after a made basket during the last minute of all overtime periods. Ball possession will be determined by a coin flip for each overtime period. There will be a one-minute intermission before each overtime period. All individual and team fouls carryover into overtime.
6. Two time-outs are permitted per team per half. Timeouts do not carryover from one period to the next. If a game proceeds to overtime, each team shall receive no more than one additional time-out, regardless of the number of overtimes. Time-outs shall be 60 seconds in duration. The clock will not run during time-outs.
7. Substitutions may be made after a basket, foul shot, stoppage of play or any other time an official beckons the player onto the court:
 - a) Players MUST be beckoned onto the court by the referee. Entering the court without being beckoned will result in a warning from the official; all subsequent violations will result in a technical foul.
 - b) Both the offensive and defensive team may substitute after the first free throw or a two shot foul and after the second free throw of a three shot foul.
 - c) The defensive team can only substitute after a made basket or free throw (when it is the final free throw taken) if the offense is substituting at that time. Violating this rule will result in a warning from the official; all subsequent violations will result in a technical foul.
 - d) On all stoppage of play (i.e., violations such as traveling, double dribble, three seconds, or out of bounds, etc.) either team can substitute as long as they request to sub prior to the inbounder having the ball in the throw-in area.
8. The winner of the coin toss shall take the first possession. Possession at the start of the second half shall be determined by the possession arrow. Ball possession changes hands after each basket unless a technical or personal foul is awarded.
9. A 20 second shot clock will be in effect throughout the entire game. Violation of the 20 second shot clock rule will result in loss of possession.
 - a. When the offensive team rebounds a missed shot attempt, the ball must touch the rim for the clock to be reset. If the ball does not touch the rim, the 20-second clock will not be reset.
10. The game shall be played using the three-point line as the “check line.” The ball shall be returned to a point behind the check line after each change of possession as follows:
 - a) After a made basket and all dead ball situations, the ball shall be placed in play from the top of the key (“throw-in area”). The ball must be advanced into play by means of a pass to a teammate. Violation of the throw-in area by the offense results in a loss of possession.
 - b) After a turnover or defensive rebound, the ball may be returned to any point behind the check line. The player returning the ball behind the check line shall be in possession of the ball with both feet behind the line. The ball does not have to pass behind the 3-point line; only the player’s feet.
 - c) The penalty for attempting a shot before returning the ball successfully behind the check line shall be loss of possession.
 - d) The player who returns the ball behind the three-point line may maintain possession and attempt to score.
11. Following a made basket or dead ball, the ball shall be put in play within five seconds from the time the ball is in the “throw-in area”, regardless of whether or not the inbounder has taken possession of the ball. If the ball is not put in play within five seconds it shall be a violation, and possession shall be awarded to the defense with no change in the possession arrow.
12. Player restrictions when inbounding the ball:
 - a) The inbounder must be within 3 feet of the three-point line and must stay within the free throw lane extension area (12 feet wide), an area referred to as the “throw-in area”.
 - b) The defense may defend anywhere on the court, however no player (offensive or defensive) may enter the “throw-in area”, which is considered out-of-bounds.
 - c) The inbounder may not hand-off the ball to a teammate.
 - d) The inbounder’s teammates may not enter the three-second lane to receive a pass or set a screen until the inbounding teammate actually takes possession of the ball at the throw-in area; they may cross and exit the lane to reposition themselves prior to the inbounds pass.
 - e) The 3 second lane count and the 5 second closely guarded count should not begin until the defensive team (now the new offensive team) takes the ball behind the three point arc.
 - f) Violations of the throw-in area by the offense result in a loss of possession.
 - g) Violations of the throw-in area by the defense result in a warning followed by a technical foul (2 shots).
13. A player is disqualified on his/her fifth foul. Technical fouls will be assessed in accordance with NCAA rules.

14. All personal and technical fouls shall be counted against a team total. On the seventh team foul, a bonus shall be awarded for the remainder of the game. Team fouls carry over into the second half and overtime periods. Penalties for fouls shall be as set forth below.

15. Prior to the seventh team foul:

- a) Any common foul shall result in loss of possession for the offending team;
- b) Any player control foul shall result in disallowing a converted basket, recording the foul and a change in possession;
- c) Any shooting foul with a missed basket shall result in two free throws (three for a three-point attempt), and the offended team shall retain possession;
- d) Any shooting foul with a converted basket shall result in the basket being awarded along with one free throw, and the offended team shall retain possession.

If a shooting foul occurs during the running time part of the game:

All players will remain behind the arc and the offense will re-gain possession of the ball, even if the clock goes to the two minute mark. At that time, the clock will stop until the ball is put in play again from the throw-in area.

All the players behind the arc may cross the arc once the shooter releases the ball. The shooter may cross the free throw line after the ball strikes the rim, flange or backboard or retrieve the ball upon completion of the last free throw.

During the stopped time portion of the game:

The free-throw shooter shall not break the vertical plane of the free-throw line with either foot until the ball strikes the ring, flange or backboard or until the free throw ends.

No player shall enter or leave a marked lane space or contact any part of the court outside the marked lane space until the free-thrower has released the ball.

16. Beginning with the seventh team foul:

- a) Any common foul shall result in a single free throw plus a bonus free throw if a player makes the first free throw, and the offended team shall retain possession;
- b) Any player control foul shall result in disallowing a converted basket, recording the foul and a change in possession.
- c) Any shooting foul with a missed basket shall result in two free throws (three for a three-point attempt), and the offended team shall retain possession;
- d) Any shooting foul with a converted basket shall result in the basket being awarded along with one free throw, and the offended team will retain possession.

17. Beginning with the 10th team foul:

- a) Any common foul shall result in two free throws, and the offended team shall retain possession;
- b) Any player control foul shall result in disallowing a converted basket, recording the foul and a change in possession;
- c) Any shooting foul with a missed basket shall result in two free throws (three for a three-point attempt), and the offended team shall retain possession;
- d) Any shooting foul with a converted basket shall result in the basket being awarded along with one free throw, and the offended team shall retain possession.

18. During the last two minutes of each half, and during any overtime period, the automatic awarding of team possession after free throws does not apply (live rebounding will be in effect)

- a) During live rebounding all players on both teams are allowed to line up along the free throw lane when the free throws are shot.
- b) If the shooter makes the last awarded free throw, the opposing team will inbound the ball.

19. Team clothing must be of like design and color. Teams must have both "home" and "away" uniforms with permanently attached numbers. The numbers must be 4" on the front and 6" on the back in the center of the jersey. Sponsors may be added to jersey but cannot interfere with number placement. Uniforms shall be free of inappropriate symbols or wording.

20. Three point shots are allowed. The three-point line distance for both men and women will be 19 feet, 9 inches. Officials do not put the ball in play, except at the start of each half. The referee will handle the rebound of the first free throw (first and second free throws if three shots are being taken) and then will not handle the ball after the last free throw.