











Fitness

SEPTEMBER 22, 2019

9 am-50's Decade, 10am- 60's Decade, 11am-70's & Over Decade

Location:

Fitness Quest 10 9972 Scripps Ranch Blvd. San Diego, CA 92131 Entry fee is **\$35** per person + \$10 Sport Fee Deadline - September 15, 2019

Includes:

- Medals will be awarded in each age division and by gender
- T-Shirt and Restaurant Passport
- Entry to Celebration of Athletes, September 20, 2019 -Balboa Park (RSVP required)

Register Now! *Register at:* SDSeniorGames.org

For More Information - SDSeniorGames.org Commissioner Stan Williams (408) 799-3852 or stanwill1@gmail.com